

Haverford Personal Emergency Action Plan (EAP)

While You are On the Program

We recommend you contact

1. Resident Director/ or 24-hour emergency line
2. In case of medical emergencies, go to nearest hospital
3. Know emergency 911 equivalent
4. Contact the department on campus that is sponsoring your travel or Haverford Security (610-896-1111) if you need to reach someone after hours
5. Stay in touch with parents/guardians about your status

Know Where to Go When You are Traveling

Where should you go first in an emergency, and what method of transportation will you use to get there?

Be aware of all your emergency transportation options. Know the numbers for the following:

Airport:	_____	Bus Station:	_____
Train Station:	_____	Metro Station:	_____
Rent-a-Car:	_____	Boat/Ferry/Port Authority:	_____

Know Your Emergency Contact Information

In addition to your personal emergency contacts, we also recommend you look up/ask for the numbers for the following individuals and agencies nearest to your study abroad and/or travel location(s):

City or country's 911 equivalent:	_____	Local Government/Visa office:	_____
Consulate/Embassy:	_____	Police:	_____
Fire:	_____	Hospital:	_____
24-Hour Assist/Insurance Hotline:	_____	Red Cross:	_____
ACE Insurance	1-800-243-6124 (inside the US) 1-202-659-7803 (outside the US)	Other:	_____

Who will you call first, second, third, etc. in an emergency?

1. _____ 2. _____ 3. _____

Do your emergency contacts have each others' phone numbers so they can communicate and relay information about you to each other?

What are some alternate ways of communicating with your emergency contacts?

Who would you like those assisting you to contact in the event of your illness, injury, incarceration, kidnapping, etc...?

Do all of your emergency contacts know what your wishes are in the event of your serious injury?

Where does your nearest emergency contact live, and how fast can you get to him/her?

Back-up Plan/Special Conditions

If the situation does not permit you to follow the original emergency plan, what is the back-up plan (Plan B)?

Are there any other special conditions to consider which are unique to your situation (i.e. weather conditions/hazards in your region of study/travel, a personal physical handicap, poor public transportation or phone service in your area...)?

Emergency Kit/Money

Which items do you still need to add to your emergency first aid kit before it is fully stocked and ready?

Do you have emergency cash reserves, credit cards, etc. on-hand, in case you can't count on banks/ATMs, or get to a bank/ATM?

Using the emergency supplies and reserve money you have set aside, for how many days would you be able to sustain yourself, and what would you use each day?
