



Haverford College's athletic department oversees 23 varsity teams, a physical education curriculum meeting the College's 6 quarter graduation requirement and a competitive club program in conjunction with student activities.

**Athletic Facilities:** The Gardner Center and its facilities are available to Haverford College employees and/or children over 18 years with an ID card. Employees' children under 18 years of age must be accompanied by the employee at all times. Hours and usage policies are available on our web site.

**Fitness Center:** Orientation and/or work out programs are available by contacting the fitness center director, Cory Walts.

**Physical Education:** Employees are welcome to participate in physical education programs. Yoga, Pilates and Aerobics are among the most popular for staff - an entire schedule is available on our web site. Our field hockey and soccer coaches also offer a staff only "boot camp" on Tues/Thurs 12:00 – 12:45...this is very popular among employees from many different departments and I encourage you to try it out – all fitness levels are welcome...a notice will go out in Daily Digest with more information at the start of the year.

**NovaCare Rehabilitation** has partnered with Haverford College to provide on-campus physical therapy services to the entire Haverford community. All faculty, staff and students are encouraged to take advantage of this convenience. Rehabilitation services are provided 3 days a week in the athletic training suite, located on the ground floor of the Gardner Integrated Athletic Center. NovaCare Rehabilitation accepts most major health care plans including those offered to Haverford College employees. If you have any questions about this service please contact Curt Mauger, Head Athletic Trainer.

**Camps & Clinics:** Many of our teams offer camps and clinics throughout the academic year and summer – please check our web site for one in which your children might be interested.

**Joe Schwartz '83 3K Run/Walk - Sunday, April 9, 2017:** A community event designed to engage the community in pursuing a healthy lifestyle while also supporting ALS research in honor of alumnus Joe Schwartz '83. There will be fitness tips and challenges leading up to the event which is always a great time for everyone with food, music and prizes.

Student-Athlete Resources: **Community Guidelines: Academics and Athletics**

Inside Athletics: **Staff Directory**

Inside Athletics: **Fan Zone:** Scoreline-email service with updated athletic results & news  
Facebook, Instagram, Twitter, Live Stats, Video

Inside Athletics: **Faculty Liaison Program**

Athletic Web Site: <http://www.haverfordathletics.com/landing/index>

Director of Athletics: Wendy Smith '87 [w1smith@haverford.edu](mailto:w1smith@haverford.edu) x1120