

Shu-wen Wang, PhD

Curriculum Vitae

Department of Psychology
Haverford College
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Haverford, PA 19041

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<https://www.haverford.edu/asian-american-studies>

PROFESSIONAL POSITIONS

- 2019 – present Associate Professor (tenured), Dept of Psychology, Haverford College
- 2016 – present Licensed Psychologist, Bryn Mawr Psychological Associates
- 2012 – 2019 Assistant Professor, Dept of Psychology, Haverford College
(Parental leave in Fall 2012 and Fall 2014)

EDUCATION

- 2012 PhD in Clinical Psychology, University of California, Los Angeles
Minor: Quantitative Psychology
Advisors: Rena Repetti, PhD, Anna Lau, PhD
Dissertation: Marital support, well-being and health in everyday life
- 2007 M.A. in Clinical Psychology, University of California, Los Angeles
Thesis: The Spillover of daily job stressors into subsequent marital behavior
- 2004 B.A. (Summa Cum Laude), Barnard College, Columbia University
Double Major: Psychology and Anthropology (with department honors)

CLINICAL TRAINING

- 2015 – present Licensed Psychologist, Pennsylvania (PS 017847)
- 2017 Diplomate Status, Academy of Cognitive and Behavioral Therapies
- 2013 – 2014 Psychology Resident (half-time), Department of Psychiatry (Center for Cognitive Therapy), Univ of Pennsylvania Perelman School of Medicine
- 2011 – 2012 Clinical Internship, Veterans Affairs Greater Los Angeles Healthcare System
(Site: West Los Angeles VA Medical Center, General Track/APA-accredited)

RESEARCH INTERESTS

- ◆ Stress, coping, health and well-being ◆ Social support ◆ Emotion regulation ◆
◆ Asian American psychology ◆ Ethnic minority mental health ◆ Race, ethnicity, culture ◆
◆ Social class ◆ First generation college students ◆

GRANTS

- 2018-2021 **Co-PI** (with Heejung Park, Bakirathi Mani, Roseann Liu, Lei Ouyang Bryant). Mellon Tri-Co Seed Grant “Asian American Studies Group,” \$7,500.
2018 **PI**, Diversity and Inclusion Course Development Grant, Haverford College, Asian American Psychology, \$5,000.
2017-2018 **Co-PI** (with Heejung Park, Bakirathi Mani) Mellon Tri-Co Brainstorming Grant, “Asian American Studies Curriculum Group,” \$600.
2013 **Co-PI** (with Betty Litsinger, Louisa Egan Brad, Stella Christie), Mellon Tri-Co Brainstorming Grant, “Psychosocial Adjustment of International Students,” \$560.
2010 **PI**, Okura Research Grant on Asian Pacific American Mental Health, UCLA Asian American Studies Center, “Social support responses and health in Asian American college students,” \$3,000.
2010 **PI**, Division 38 Health Psychology Student Research Award, American Psychological Association, “Stress responses to social support in Asian American and Euro American students: Implications for health and well-being” \$1,500.
2008 **PI**, Asian American Studies Research Grant, UCLA Institute of American Cultures, “Cultural values, social support, and distress in Asian American college students,” \$5,700.

HONORS, AWARDS, & FELLOWSHIPS

- 2019 Chace-Parker Annual Endowed Teaching Award, Haverford College, \$3,000.
2017 APA Minority Fellowship Program *Early Career Award for Research*
2016 Asian American Psychological Association *Early Career Award for Research*
2013 Asian American Psychological Association Leadership Fellow, \$1,500.
2012 Society for Personality and Social Psychology Student Travel Award, \$500.
2010 UCLA Dr. Ursula Mandel Scholarship in Health Psychology, \$15,000.
2010 UCLA Dissertation Year Fellowship, \$18,000.
2007-2010 APA Minority Fellowship Program SAMHSA Predoctoral Fellow, \$21,000 p/yr.
2007-2010 UCLA Sloan Center on Everyday Lives of Families Fellow, \$18,000 p/yr.
2007-2010 UCLA Graduate Summer Research Mentorship Fellowship, \$5,000 p/summer.
2009 UCLA Faculty Women’s Club Scholarship, \$2,500.
2009 UCLA Affiliates Scholarship, \$1,000.
2009 Association for Psychological Science RISE Graduate Research Award
2008 UCLA Graduate Research Mentorship Fellowship, \$18,000.
2007 Barnard College Alumnae Association Fellowship Program, \$5,000.
2007 National Science Foundation Graduate Research Fellowship Honorable Mention
2007 APA Student Travel Award, \$300.

PEER-REVIEWED JOURNAL ARTICLES

**Mentored Student Co-Author*

26. *Benjamin, L., *Ni, X.-T., & **Wang, S.** (in press). Implicit support differs across five groups in the U.S., Taiwan, and Mexico. *Cultural Diversity and Ethnic Minority Psychology*.
25. Chang, J., **Wang, S.**, *Mancini, C., *McGrath-Mahrer, B., & *Orama de Jesus, S. (2020). The complexity of cultural mismatch in higher education: Norms affecting first-generation college students' coping and help-seeking behaviors. *Cultural Diversity and Ethnic Minority Psychology*, 26(3), 280-294.
24. **Wang, S.** & Lau, A. S. (2018). Ethnicity moderates the benefits of perceived support and emotional expressivity on stress reactivity for Asian Americans and Euro Americans. *Cultural Diversity and Ethnic Minority Psychology*, 24(3), 363-373.
23. *Atal, Z., **Wang, S.**, & Biella, R. (2017). The effects of brief contact on mental illness stigma: Preliminary evidence from an Italian vocational rehabilitation center. *Journal of Vocational Rehabilitation*, 46, 399-405.
22. Repetti, R. L., & **Wang, S.** (2017). Effects of job stress on family relationships. Relationships and Stress special issue for *Current Opinion in Psychology*, 13, 15-18.
21. **Wang, S.**, & Repetti, R. (2016). Who gives to whom?: Testing the support gap hypothesis with naturalistic observations of couple interactions. *Journal of Family Psychology*, 30(4), 492-502.
20. Tsai, W., Sun, M., **Wang, S.**, & Lau, A. S. (2016). Implications of emotion expressivity for daily and trait interpersonal and intrapersonal functioning across cultural groups. *Asian American Journal of Psychology*, 7(1), 52-63.
19. **Wang, S.**, & Lau, A. S. (2015). Mutual and non-mutual social support: Cultural differences in the psychological, behavioral, and biological effects of support-seeking. *Journal of Cross-Cultural Psychology*, 46(7), 916-929.
18. Louie, J. Y., **Wang, S.**, Fung, J. J., & Lau, A. S. (2014). Children's emotional expressivity and teacher perceptions of social competence: A cross-cultural comparison. *International Journal of Behavioral Development*. 39(6), 497-507.
17. **Wang, S.**, & Repetti, R. L. (2014). Psychological well-being and job stress predict marital support behavior: A Naturalistic observation study of dual-earner couples in their homes. *Journal of Personality and Social Psychology*, 107(5), 864-878.
16. Lau, A. S., **Wang, S.**, Fung, J. J., & Namikoshi, M. (2014). What happens when you 'can't read the air'? Cultural fit and aptitude by values interactions on social anxiety. *Journal of Social and Clinical Psychology*, 33(10), 853-866.

PEER-REVIEWED JOURNAL ARTICLES continued

15. Repetti, R. L., & **Wang, S.** (2014). Employment and parenting. *Parenting: Science and Practice, 14*(2), 121-132
14. Campos, B., **Wang, S.**, Plaksina, T., Repetti, R. L., Schoebi, D., Beck, M., & Ochs, E. (2013). Positive and negative emotion in the daily life of dual-earner couples with children. *Journal of Family Psychology, 27*(1), 76-85.
13. Boerner, K., & **Wang, S.** (2012). Targets for rehabilitation: An evidence base for adaptive coping with visual disability. *Rehabilitation Psychology, 57*(4), 320-327.
12. Boerner, K., & **Wang, S.** (2012). Goals with limited vision: A qualitative study of coping with vision-related goal interference in midlife. *Clinical Rehabilitation, 26*(1), 81-93.
11. **Wang, S.**, Repetti, R. L., & Campos, B. (2011). Job stress and family social behavior: The moderating role of neuroticism. *Journal of Occupational Health Psychology, 16*(4), 441-56.
10. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2011). Adult health in the context of everyday life. *Annals of Behavioral Medicine, 42*(3), 285-293.
9. **Wang, S.**, Shih, J. H., Hu, A. W., Louie, J. Y., & Lau, A. S. (2010). Cultural differences in daily support experiences. *Cultural Diversity and Ethnic Minority Psychology, 16*(3), 413-20.
8. Popivker, L., **Wang, S.**, & Boerner, K. (2010). Eyes on the prize: Life goals in the context of disability in midlife. *Clinical Rehabilitation, 24*(12), 1127-35.
7. Boerner, K., & **Wang, S.** (2010). How it matters when it happens: Life changes related to functional loss in middle-aged compared to older adults. *International Journal of Aging and Human Development, 70*(2), 163-179.
6. Lau, A. S., Fung, J. J., **Wang, S.**, & Kang, S. (2009). Explaining elevated social anxiety among Asian Americans: Emotional attunement and a cultural double bind. *Cultural Diversity and Ethnic Minority Psychology, 15*(1), 77-85.
5. Repetti, R. L., **Wang, S.**, & Saxbe, D. (2009). Bringing it all back home: How outside stressors shape families' everyday lives. *Current Directions in Psychological Science, 18*, 106-111.
4. **Wang, S.**, & Boerner, K. (2008). Staying connected: Reestablishing relationships following vision loss. *Clinical Rehabilitation, 22*(9), 816-824.
3. Boerner, K., **Wang, S.**, & Cimarolli, V. R. (2006). The impact of functional loss: Nature and implications of life changes. *Journal of Loss and Trauma, 11*(4), 265-287.

PEER-REVIEWED JOURNAL ARTICLES continued

2. Cimarolli, V. R., & **Wang, S.** (2006). Social support differences among employed and unemployed adults who are visually impaired. *Journal of Visual Impairment and Blindness*, 100(9), 545-556.
1. Cimarolli, V. R., Boerner, K., & **Wang, S.** (2006). Life goals in vision rehabilitation: Are they addressed and how? *Journal of Visual Impairment and Blindness*, 100(6), 343-352.

INVITED PAPERS AND BOOK CHAPTERS

7. **Wang, S.**, & Campos, B. (2017). Cultural experiences, social ties, and stress: Focusing on the HPA axis. In J. M. Causadias, E. H. Telzer, and N. A. Gonzales (Eds.) *Handbook of Culture and Biology* (pp. 317-343). New York: Wiley.
6. **Wang, S.**, & Repetti, R. L. (2013). After the workday ends: How jobs impact family relationships. In A. L. Vangelisti (Ed.) *The Routledge Handbook of Family Communication 2nd Edition* (pp. 409-423). New York: Routledge.
5. Repetti, R. L., Saxbe, D., & **Wang, S.** (2013). Stress. In E. Ochs and T. Kremer-Sadlik (Eds.) *Fast-Forward Families* (pp. 174-191). California: University of California Press.
4. Repetti, R. L., **Wang, S.**, & Sears, M. (2013). Using direct observational methods to study the real lives of families: Advantages, complexities, and conceptual and practical considerations. In J. G. Grzywacz and E. Demerouti (Eds.) *New Frontiers in Work and Family Research* (pp. 172-189). New York: Psychology Press & Routledge.
3. Liu, L. L., **Wang, S.**, Fung, J., Gudiño, O. G., Tao, A., & Lau, A. S. (2012). Strengths and challenges in the development of Asian American youth: Contributions of cultural heritage and the Minority Experience. In E. Chang and C. Downey (Eds.) *Handbook of Race and Development in Mental Health*. New York: Springer.
2. Repetti, R. L., & **Wang, S.** (2009). Work-family spillover. In H. T. Reis and S. K. Sprecher (Eds.) *Encyclopedia of Human Relationships* (pp. 1694-7). Thousand Oaks, CA: Sage.
1. Repetti, R. L., & **Wang, S.** (2009). Parent employment and chaos in the family. In G. W. Evans and T. D. Wachs (Eds.) *Chaos and its influence on children's development: An ecological perspective* (pp. 191-208). Wash, DC: American Psychological Association.

WORKS UNDER REVIEW

*Mentored Student Co-Author

*Ni, X.-T., Benjamin, L., & Wang, S. (under review). Cultural patterns in social support im/balance: Links with relationship satisfaction and well-being.

*Romens, R., *Tuan, J.-L., *Fioramonti-Gorchow, G., & Wang, S. (under review). "I felt a strong obligation to help": Obligation and support-provision in India and the U.S.

INVITED TALKS

- Wang, S.** (April 2021). Teaching and identity in liberal arts education. Fuller Theological Seminary School of Psychology, Pasadena, CA.
- Wang, S.** (September 2019). Illuminating the Liberal Arts Academic Path. Panelist for webinar hosted by Clinical Psychology at Liberal Arts Colleges (CPLAC) special interest group of ABCT
- Wang, S.** (October 2017). The long-arm of culture in shaping relationships, coping, and health: Benefits, costs, and complexities of interdependence. 2016 Early Career Award research talk, Asian American Psychological Association convention, Las Vegas, NV.
- Wang, S.** (October 2016). Social support: How culture and gender shape what we find to be supportive. West Chester University of Pennsylvania, West Chester, PA.
- Wang, S.** (May 2012). Windows onto the real lives of families: Integrating naturalistic observation into research on family process. Social Science in Practice meeting, UCLA, Los Angeles, CA.
- Wang, S.** (January 2012). The everyday lives of families: Links between stress, social interaction, and diurnal cortisol. Gender, Work, and Family Research Group meeting, UC Irvine, CA
- Wang, S.** (November 2011). Someone to lean on: Stress, physiology, and social behavior in relationships. Clinical Area Brown Bag meeting, UCLA, Los Angeles, CA.
- Wang, S., & Lau, A. S.** (February 2011). When social support is stressful: Unpacking an Asian American paradox. Cultural Psychology group meeting, Central University of Hong Kong, China.

CHAired SYMPOSIA

- Chang, J., & **Wang, S.** (May 2020). Advances in culture, emotions, and relationship science across diverse contexts. Speakers: Lucy Zhang Bencharit, Janet Chang, Jeanne Tsai, Will Tsai, Shu-wen Wang. Association for Psychological Science convention, Chicago, IL. [conference cancelled]
- Wang, S., & Chang, J.** (May 2019). The cultural shaping of social-health processes across diverse contexts. Speakers: Janet Chang, Yulia Chentsova, Jose Soto, Will Tsai, Shu-wen Wang. Association for Psychological Science convention, Washington, D.C.
- Wang, S. & Chang, J.** (May 2017). How do culture and social processes 'get under the skin'? Targeting the HPA-axis in cultural relationship science. Speakers: Belinda Campos, Stephen Chen, Cindy Liu, Shu-wen Wang, Jose Soto. Association for Psychological Science convention, Boston, MA.
- Chang, J. & **Wang, S.** (May 2017). Ties that bind: Culture shapes the effects of support and friendships on health and well-being. Speakers: Janet Chang, Qian Lu, Will Tsai, Belinda Campos. Association for Psychological Science convention, Boston, MA.
- Wang, S. & Fung, J.** (August 2014). Cultural influences on relationships in Asian and Asian American contexts. Speakers: Janet Chang, Joey Fung, Rich Lee, Natasha Thapar-Olmos, Shu-wen Wang. Asian American Psychological Association convention, Washington, D.C.

CHAired SYMPOSIA continued

Wang, S. (June 2014). Effects of work on family social relationships: Evidence from observational and longitudinal research. Speakers: Joseph Grzywacz, Hillary Halpern, Maureen Perry-Jenkins, Shelley MacDermid Wadsworth, Shu-wen Wang. Work-Family Researchers Network, NY, NY.

Wang, S., & Lau, A. S. (August 2009). Cultural influences on social interaction and relationships. Speakers: Belinda Campos, Sun-Mee Kang, Joni Sasaki, Shu-wen Wang. American Psychological Association convention, Toronto, CA.

SELECTED CONFERENCE PRESENTATIONS

*Mentored Student Co-Author

δJoint first-author

δChang, J., δ**Wang, S.,** *Benjamin, L. R., *Walsh, E., & *Ni, X. (July 2021). Deciphering culturally-coded institutional responses to COVID-19 adversity and anti-Asian discrimination. Talk presented at Society for the Psychological Study of Culture, Ethnicity, and Race (APA Div. 45), virtual conference.

Chang, J., **Wang, S.,** Mancini, C., Ohl, K., Mancini, C., & Orama de Jesus, S. (May 2020). The Cultural shaping of social support: The Influence of collectivist and social-class based norms on first-generation college students. In J. Chang and S. Wang (Co-Chairs), *Advances in culture, emotions, and relationship science across diverse contexts*. Symposium to be presented at Association for Psychological Science convention, Chicago, IL. [conference cancelled due to COVID19]

Wang, S., *Ni, X., & *Benjamin, L. R. (May 2020). Cultural differences in support sufficiency, implicit support, and well-being. In J. Chang and S. Wang (Co-Chairs), *Advances in culture, emotions, and relationship science across diverse contexts*. Symposium to be presented at Association for Psychological Science convention, Chicago, IL. [conference cancelled due to COVID19]

*Benjamin, L. R., *Ni, X., & **Wang, S.** (Feb 2020). One size does not fit all: A qualitative analysis of implicit social support in the U.S., Taiwan, and Mexico. Poster presented at Society for Personality and Social Psychology convention, New Orleans, LA.
○ **SPSP Undergraduate Student Poster Award runner-up**

*Ni, X., *Benjamin, L. R., & **Wang, S.** (May 2019). Ethno-cultural patterns in social support mis/match and relationship satisfaction. Talk presented at APS Cultural-Clinical Psychology Preconference, Washington, DC.

Wang, S., Lu, Q., & Cohen, L. (May 2019). Links between socio-emotional well-being with diurnal cortisol in breast cancer patients: Examining differences in the U.S. vs. China. In S. Wang and J. Chang (Co-Chairs), *The cultural shaping of social-health processes across diverse contexts*. Symposium presented at Association for Psychological Science convention, Washington, D.C.

Chang, J., **Wang, S.,** Mancini, C., Ohl, K., Orama de Jesus, S., & McGrath-Mahrer, B. (May 2019) Cultural norms tied to social class: Self-reliance and barriers to social support among diverse first-generation college students. In S. Wang and J. Chang (Co-Chairs), *The cultural shaping of social-health processes across diverse contexts*. Symposium presented at Association for Psychological Science, Washington D.C.

SELECTED CONFERENCE PRESENTATIONS continued

- *Romens, R., *Tuan, J.-L., *Fioramonti-Gorchow, G., & **Wang, S.** (May 2019). "I felt a strong obligation to help": Cultural differences in experiences of obligation during support-provision in India and the United States. Poster presented at Association for Psychological Science, Washington, DC.
- **APS RISE Student Research Award Honorable Mention**
- *Tauriello, S., *Moscoso, C., & **Wang, S.** (May 2018). "The Two cultures cancel out": Ethnicity moderates the effects of body image discrepancy on disordered eating. Poster presented at Association for Psychological Science, San Francisco, CA.
- Chang, J., **Wang, S.**, & *Mancini, C. (May 2018). The Complexity of cultural mismatch and help-seeking behaviors among first-generation college students. Talk presented at APS Cultural-Clinical Psychology Preconference, San Francisco, CA.
- Wang, S.** & Lau, A. (May 2017). Social support, emotion expressivity, and stress reactivity: Different links for Asian Americans and Euro Americans. In S. Wang and J. Chang (Co-Chairs), *How do culture and social processes 'get under the skin'?: Targeting the HPA-axis in cultural relationship science*. Symposium presented at Assoc. for Psychological Science, Boston, MA.
- *Marino, L., *Shiv, D., & **Wang, S.** (May 2017). Effects of support reciprocity in Asian American and European American friendship dyads. Poster presented at Association for Psychological Science, Boston, MA.
- *Aronowitz, C., *Kim, D. S., & **Wang, S.** (May 2016). Cultural variation in the effects of capitalization responses on individual and relationship outcomes. Poster presented at Association for Psychological Science, Chicago, IL.
- *Banfi, N., & *Broomfield, C., & Wang, S. (May 2016). Stressors, coping, and social support in Asian, Asian American, and European American college students. Poster presented at Association for Psychological Science, Chicago, IL.
- Wang, S.**, Lau, A., & *Brooks, C. (May 2016). Cultural differences in support mutuality and observed support behavior. In Y. Chentsova-Dutton (Chair), *Cultural shaping of social support "In the Head" and "In the World."* Symposium presented at Association for Psychological Science, Chicago, IL.
- *Ward, M. A., *Van Buren-Freedman, C., & **Wang, S.** (May 2015). Sex differences in spousal support interactions. Poster presented at American Psychological Association, New York, NY.
- **APS Student Research Award Honorable Mention**
- *Brooks, C., & **Wang, S.** (November 2014). Differences in social support interactions across cultures. Poster presented at Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Atal, Z., **Wang, S.**, & Biella, R. (August 2014). Use of an Italian vocational rehabilitation center changes perceptions of the mentally ill. Poster presented at American Psychological Association, Washington, D. C.
- **Division 52 (International Psychology) 3rd place student poster prize**

SELECTED CONFERENCE PRESENTATIONS continued

- Wang, S., & Lau, A.** (August 2014). Culture and relationship reciprocity. In S. Wang and J. Fung (Co-Chairs), *Cultural influences on relationships in Asian and Asian American contexts*. Symposium presented at Asian American Psychological Association, Washington, D.C.
- Wang, S., & Thakar, D.** (August 2014). Harnessing the power of media: A How-To Guide for giving Asian American psychology away. In *AAPA Leadership Fellows Symposium*. Symposium presented at Asian American Psychological Association, Washington, D. C.
- Wang, S., & Repetti, R. L.** (June 2014). Job stress and naturalistic social support processes in dual-earner middle-class families. In S. Wang (Chair), *Effects of work on family social relationships: Evidence from observational and longitudinal research*. Symposium presented at Work and Family Researchers Network, New York City, NY.
- Wang, S., Shih, J., Hu, A. W., & Lau, A. S.** (August 2009). Cultural influences on daily social support use. In A. S. Lau and S. Wang (Co-Chairs), *Cultural Influences on Social Interaction and Relationships*. Symposium presented at American Psychological Association, Toronto, CA.
- Wang, S., Repetti, R. L., & Campos, B.** (August 2009). Links between naturalistic social behavior and HPA-axis activity in families. Poster presented at American Psychological Association, Toronto,CA
- Wang, S.** (May 2009). Cultural influences on daily support use. In *Association for Psychological Science Student Research Award (RISE) Symposium*. Symposium presented at Association for Psychological Science, San Francisco, CA.
- Wang, S., & Repetti, R. L.** (March 2009). Husbands' responses to job stress in marital interactions are moderated by emotional and marital distress. In B. Ditzen (Chair), *Couple Interaction and Stress Across the Life Course: Implications for Health and Disease*. Symposium presented at American Psychosomatic Society, Chicago, IL.
- Boerner, K., **Wang, S., & Cimarolli, V. R.** (August 2006). Life changes related to functional loss: Their nature and implications. In P. B. Baltes (Chair), *Promoting Growth and Managing Losses: Implications for Well-Being and Health*. Symposium presented at American Psychological Association, New Orleans, LA.

TEACHING EXPERIENCE

Courses Taught at Haverford College

Asian American Psychology Seminar (PSYC 339) –Sp20

*Featured as a *Haverford College* “Cool Class”

Cultural Psychology Lecture (PSYC 242) – Sp13, Sp14, Sp16, Fa17, Sp19

Cultural Psychology Lab (PSYC 342) – Sp13, Sp16

Foundations of Psychology (PSYC 100) – Sp15, Fa15, Sp18, Fa18

Psychology Practicum Seminar (PSYC 380) – Sp18, Sp19

*Featured as a *Haverford College* “Cool Class”

Stress and Coping Seminar (PSYC 337) – Fa15, Fa17, Fa18

*Featured as a *Haverford College* “Cool Class”

Senior Thesis Research (PSYC 390/396/398) – every year

Faculty Advisor - Hurford Center student seminar, *Asian/America: A Search for Belonging*, Fa18

SENIOR THESIS STUDENTS

I advise thesis projects that involve development of research questions/hypotheses, study design, subject recruitment, data collection and analysis, and manuscript preparation. In addition, several of these projects have resulted in co-authored conference presentations (posters and talks) and publications in peer-reviewed journals, all listed earlier under their respective sections.

My students have received the following national research awards from their research with me:

- 2014 3rd Place Poster Prize, American Psychological Association Div 52
- 2015 Student Research Award Honorable Mention, Assoc for Psychological Science
- 2019 RISE Research Award Honorable Mention, Assoc for Psychological Science
- 2020 Student Poster Award Runner-up, Society for Personality and Social Psychology

My students have gone on to succeed in graduate school, medical school, and other pursuits:

Zara Atal (HC14; M.D. Albany Medical College) ♦ *Catherine Brooks* (HC14; MPH Columbia Univ) ♦ *Catherine Aronowitz* (HC15; Nursing Univ Penn) ♦ *Natalia Banfi* (HC15; consulting) ♦ *Caroline Broomfield* (HC15; MPH Univ Penn) ♦ *Dayna Kim* (HC15; Nursing NYU) ♦ *Laura Marino* (HC16; market research analyst) ♦ *Clarianne Moscoso* (HC16; M.D. Univ Rochester) ♦ *Divya Shiv* (HC16; MPP UC Berkeley) ♦ *Sara Tauriello* (HC16; PhD Clinical Psychology Univ Buffalo) ♦ *Robyn Himmelstein* (HC16; PhD Clinical Psychology Rowan Univ) ♦ *Michaela Ward* (HC16; MS Education Univ Penn) ♦ *Grace Fioramonti-Gorchow* (HC18; analyst) ♦ *Rachel Romens* (HC18; real estate) ♦ *Jia-Ling Tuan* (HC18; behavioral therapist) ♦ *Xueting Ni* (HC19) ♦ *Guadalupe Torres* (HC20; M.S. School Psychology San Diego State Univ) ♦ *Pamela Pabon* (HC20) ♦ *Laurel Benjamin* (HC21; research coordinator Loma Linda Univ)

SERVICE

Academic Committee Work

Elected Positions:

2021-2023 Social Sciences Rep to Academic Council (Haverford's T&P Committee)
2019-2020 Faculty Rep to Panel for Cases of Sexual and Racial Harassment
2017-2019 Junior Faculty Rep to Faculty Affairs and Planning Committee

Tenure-Line Search Committees:

2019-2020 Search Committee for ACLS postdoc/tenure-track in Health Studies
2018-2019 Search Committee in Developmental Psychology
2013-2014 Search Committee in Health Psychology (Bryn Mawr College)

Other:

2018-2022 Vice-President (2 years), President (2 years), Haverford Pool
2021 CDO IDEAS (Inclusion, Diversity, Equity, Access) Council
2019-2020 Faculty Rep to Multicultural Scholars Program
2015-16/2017-18 Faculty Rep to Committee on Student Standing and Programs
2015-2016 Faculty Rep to Admissions Task Force on Market Research
2013-2014 Pre-Health Advising Committee

Journal Reviewing

2016-current Consulting Editor, *Journal of Family Psychology*
2016-2017 Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology*
2015-2017 Review Editor (Cultural Psych section), *Frontiers in Psychology*

Ad Hoc Reviewer for several journals in cultural and ethnic minority psychology, family psychology, social processes and relationship science, and health psychology.

External Reviewing

2020 External reviewer for 3 tenure personnel cases at liberal arts institutions

Haverford Public Talks

2020 Haverford College Virtual Commencement (student-nominated Faculty Speaker)
2019 *Haverford Speaks Series*, "Trust, Concern, and Respect in Authentic Relationships"

Professional Organization Leadership and Service

Asian American Psychological Association (AAPA)
Leadership Fellows Selection Committee (2015, 2019), Dissertation and Grant Award Committee (2018), Convention Poster Judge (2014, 2017), Convention CE Judge (2019), AAPA Mentor (2021)

Association for Psychological Science (APS)

Cultural-Clinical Psychology Preconference Planning Committee (2017, 2018)
Student Executive Board (elected national position) as RISE Coordinator (2007-2008)

CLINICAL EXPERIENCE

(Licensed in PA State #PS 017847 since May 2015)

I have trained extensively in evidence-based treatments for individuals, couples, and groups. I am primarily a cognitive-behavioral therapist who draws upon acceptance and mindfulness-based approaches. I specialize in depression, anxiety, trauma, relationship issues, multicultural issues and identity exploration, work-life balance, and stress management. I work primarily with adults, college-aged into old age. I also see couples using integrative behavioral couple therapy.

- Oct 2017-
Present **Diplomate** (certified CBT), Academy of Cognitive & Behavioral Therapies
Certification involved review of education, training, and clinical competence (written case formulation and treatment plan, recording of live therapy session)
- Sept 2016-
Present **Psychologist**, Bryn Mawr Psychological Associates
Conduct individual, couple, and family therapy in a group private practice.
Practice Director: Brad Norford, Ph.D.
- Jan 2013-
May 2014 **Psychology Resident**, Center for Cognitive Therapy, U Penn School of Medicine
Completed post-doctoral training and certification in CBT. Conducted short- and long-term individual therapy. Specialized training in sexual trauma.
Supervisor: Mary Anne Layden, Ph.D. (Director of Training)
- 2011-2012 **Psychology Intern**, West Los Angeles VA Medical Center (general track)
Completed APA-accredited pre-doctoral internship at a major VA medical center. Conducted individual, couple, and group therapy with veterans. Rotations included: PTSD Clinic, Women's Clinic, Primary Care, CBT for Psychosis Clinic, Mental Health Clinic, MOVE! Weight Management program, Geropsychiatry Clinic, Community Living Center (Nursing Home Unit).
Supervisor: Anna Okonek, Ph.D. (Director of Training)
- 2007-2011 **Clinical Therapy Supervisor**, UCLA Psychology Clinic (2010-2011)
Supervised graduate students in CBT and psychodynamic therapy.
Clinical Intake/Diagnostic Supervisor, UCLA Psychology Clinic (2009)
Supervised graduate students in conducting unstructured intake interviews.
Advanced Therapist, UCLA Psychology Clinic (2009-2011)
Conducted individual and couple therapy. Administered psychoed testing.
Supervisors: Jill Waterman, Ph.D. (Director), Harriet Boxer, Ph.D., Andrew Christensen, Ph.D., Eric N. Miller, Ph.D.
- 2008-2009 **Practicum Therapist**, UCLA Counseling and Psychological Services (CAPS)
Conducted individual and group therapy with diverse college student body
Supervisor: Bonnie Zucker, Ph.D. (Assistant Training Director)
- 2007-2008 **Assessor and Therapist**, UCLA University Elementary School
Conducted child therapy (CBT, play) and administered psychoeducational testing.
Supervisor: Jeffrey Jacobs, Ph.D. (Director of Psychological Services)