

Making the S-matrix clear
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There is still some confusion about the interpretation of the matrix elements of the S-matrix, so let me attempt to clarify it.

This is a language problem. One of the applications of the S-matrix is to convert the matrix representation of an operator from one basis to another. For example:

$$\hat{A}_x = S^\dagger \hat{A}_z S$$

where \hat{A}_x means the matrix form of \hat{A} in the x -basis, and \hat{A}_z means the matrix form of \hat{A} in the z -basis. In this case, the matrix elements in S are of the form $\langle +z | +x \rangle$. In this case, we might say that the matrix elements have the form $\langle \text{old basis of operator} | \text{new basis of operator} \rangle$, since in the whole process we're converting \hat{A} from the z -basis to the x -basis.

However, we can use that very same S-matrix for the following operation:

$$\psi_z = S\psi_x,$$

where $\psi_x = \begin{pmatrix} \langle +z | \psi \rangle \\ \langle -z | \psi \rangle \end{pmatrix}$ is the column matrix form of $|\psi\rangle$ in the z -basis, and $\psi_x = \begin{pmatrix} \langle +x | \psi \rangle \\ \langle -x | \psi \rangle \end{pmatrix}$ is the column matrix form of $|\psi\rangle$ in the x -basis. In this case, since S is converting $|\psi\rangle$ from the x -basis to the z -basis, it would be more appropriate to say that the matrix elements have the form $\langle \text{final basis} | \text{original basis} \rangle$, even though they are still of the form $\langle +z | +x \rangle$.

In both cases, we're really using the S-matrix itself to accomplish the same task: converting from the x -basis to the z -basis. When we're converting the operator \hat{A} from the z -basis to the x -basis, the final result needs to be something that can operate on vectors in the x -basis. In other words, we want

$$\hat{A}_x \psi_x = \varphi_x, \tag{1}$$

where φ_x is the result of using the operator \hat{A} on $|\psi\rangle$, expressed in the x -basis. Let's see how this works when we write \hat{A}_x as $S^\dagger \hat{A}_z S$, and apply it to ψ_x :

$$\hat{A}_x \psi_x = S^\dagger \hat{A}_z S \psi_x$$

The first thing that happens on the right side is $S\psi_x$. The S-matrix converts the ψ_x to the z -basis, so $S\psi_x = \psi_z$. Then, the \hat{A} operation takes place. Since $|\psi\rangle$ is now expressed in the z -basis, the z -basis version of \hat{A} works great: $\hat{A}_z \psi_z = \varphi_z$, where φ_z is the result of using the operator \hat{A} on $|\psi\rangle$, expressed in the z -basis. Finally, the S^\dagger matrix changes from the z -basis to the x -basis, so $S^\dagger \varphi_z = \varphi_x$, as desired (see equation (1)).

In an effort to sum up: the matrix elements of the S-matrix are best thought of as

$\langle \text{final basis} | \text{original basis} \rangle$, since that is the function of the S-matrix by itself. When it is used together with the S^\dagger matrix, as in $S^\dagger \hat{A}_z S$, the process converts a matrix from one basis to another, and one could for that application think of the matrix elements of S as having the form $\langle \text{old basis of operator} | \text{new basis of operator} \rangle$. In both applications, the bras and kets of the S and S^\dagger matrices always point toward their kind:

$$\hat{A}_x = S^\dagger \hat{A}_z S$$

$$\hat{A}_x = \begin{pmatrix} \langle +x | +z \rangle & \langle +x | -z \rangle \\ \langle -x | +z \rangle & \langle -x | -z \rangle \end{pmatrix} \hat{A}_z \begin{pmatrix} \langle +z | +x \rangle & \langle +z | -x \rangle \\ \langle -z | +x \rangle & \langle -z | -x \rangle \end{pmatrix}$$

Note how the bras and kets that contain z point toward the \hat{A}_z .

Similarly,

$$\psi_z = S \psi_x$$

$$\psi_z = \begin{pmatrix} \langle +z | +x \rangle & \langle +z | -x \rangle \\ \langle -z | +x \rangle & \langle -z | -x \rangle \end{pmatrix} \psi_x$$

Note how the bras, which contain z , point toward the ψ_z , and the kets, which contain x , point toward the ψ_x .