

**1. The Center for International Service Learning for the Academic Community:**

<http://www.islonline.org/>

International Service Learning (ISL) provides a unique and exciting opportunity for students to experience field clinical work first hand in the challenging context of both "outback" and urban areas. Teams of ten to fourteen students are accompanied by professional medical staff to countries in South America and Africa. Programs go all year round and can last from 9 days to 4 weeks with fees that range from \$985-1985.

**2. Unite for Sight:** [www.uniteforsight.org](http://www.uniteforsight.org)

Unite For Sight is a non-profit organization that sends volunteer teams to developing countries to provide eye care and eye health education programs. The volunteers serve as interns at eye clinics and help with vision screening and education programs in various countries in Asia and Africa. The organization is a rolling application process with numerous programs all year round.

**3. Global Medical Training:** [gmtonline.org](http://gmtonline.org)

Global Medical Training is an International Humanitarian Organization that provides free medical services to poor communities in Central American countries. This program offers students a wonderful international medical/clinical experience in several developing countries (Nicaragua, Costa Rica, Panama and Mexico). This is a very interactive type of learning where students will be responsible for tasks such as taking blood pressures/listening to hearts, lungs, bowel sounds and other basic health services. Additionally, the students receive a first-hand experience of the cultural, social, historical, and political life in this region. This organization is great for students looking for a short-term experience with programs that last 9-13 days( \$1500-1600).

**4. Cross Cultural Solutions:** [crossculturalsolutions.org](http://crossculturalsolutions.org)

Cross Cultural Solutions is a non-profit organization with two distinct programs; volunteer and intern abroad. Volunteer Abroad is the perfect short-term international volunteer experience with flexibility in terms of schedules, dates, and length with opportunities in 15 sites and 10 different countries. Volunteers can observe and assist local medical professionals with work that may include changing bandages, taking blood pressure, weighing babies and providing education about basic health and nutrition. Most programs are available for 2-12 week stays, with fees at \$2389-\$4996 for a volunteer experience and \$2689-\$5296 to be an intern.

**5. America-Nepal Alliance for Health: Rural Medical Camp**

The America-Nepal Alliance for Health was established in 1997 as an International Non-Governmental Organization (non-profit and tax-exempt) to assist in the delivery of healthcare in Nepal and to facilitate the exchange of medical education and research

between the two countries. The rural medical camps are organized in partnership with B.P. Memorial Health Foundation in Kathmandu and staffed by volunteer clinicians from Nepal and the USA. The organization generally runs 2 camps per year.

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**6. Amigos de las Americas:** <http://www.amigoslink.org/>

Amigos de las Americas is an international non-profit organization in which high school and college students are given the opportunity to participate in service projects in Latin America. This is a great program for undergraduate students interested in medicine, public health, and leadership roles promoting health, education and community development. This is the perfect summer program in which teams of 2-3 volunteers live and work in rural Latin American communities with a minimum commitment of 6 weeks and a maximum of 8 weeks.

**7. Doctors for Global Health:** [www.dghonline.org](http://www.dghonline.org)

Doctors for Global Health (DGH) is a private, nonprofit organization promoting health, education, art and other human rights throughout the world. Volunteers in the past have spent from a week to over a year working in El Salvador, Honduras, Chiapas (Mexico), Peru, and Uganda.

**8. Global Service Corps:** [www.globalservicecorps.org](http://www.globalservicecorps.org)

Global Service Corps (GSC) is a nonprofit international volunteer organization providing opportunities to live and work in Thailand and Tanzania. Programs are offered year-round from two weeks to six months. Volunteers have a variety of programs to choose from, including HIV/AIDS Prevention, Healthcare, English Instruction, Buddhist Immersion and more. The starting fee a two week program starts at \$2175 and increases with each additional week.

**9. Gorgas Course in Clinical Tropical Medicine:** [www.gorgas.org](http://www.gorgas.org)

This is a six-week course in tropical medicine given to students and physicians from around the globe in Lima, Peru. Associated with the University of Alabama, the courses are taught in both English and Spanish in the classroom, the clinic, and in the field. It is well regarded and geared toward physicians at all levels of training. There is a considerable financial commitment, with a tuition in the year 2000 of \$4,150, which does not include travel to Peru or accommodation there. Scholarships are available.

**10. Gorkha District Health & Educational Development** : <http://www.nepal.co.uk/>

This is a UK and Nepal based non-governmental organization that was born out of the desire to make education more accessible to the people of Gorkha, Nepal and the surrounding villages. The organization promotes education, health, social welfare, vocational training, environmental and construction projects in the Gorkha District of Western Nepal. The organization needs volunteer teachers, nurses and medical personnel to fill various roles in Gorkha. Please see the website for more information.

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**11. IASE – International Alliances in Service and Education:** [www.iaseco.org](http://www.iaseco.org)

The international Experiential Learning (IASE) program is a service-learning program open to scholars with opportunities in clinical health, public health, education, business, international policies, or environmental issues. This program focuses on two international experiences, in South Africa and Mexico. Both programs focus on health and education in the area of primary care, public health community-based research projects, mental and chronic disease management, nutrition, tropical and infectious diseases, and topics and services that are relevant and identified by the local community.

**12. La Casa de Mujeres:**

This is a unique rotation in Granada, Nicaragua through a public clinic. Accompanied by a Nicaraguan doctor and nurse, participants would make day trips out to underserved urban and rural populations in the area, doing clinical work. There is no attending guidance or translator available, so participants must have a medical license and working knowledge of the Spanish language. The time of commitment is variable from 1 to 4 weeks, and volunteers may go at any time during the year. This is an excellent way to get your feet wet with a great amount of autonomy, however it is not sophisticated clinically or in terms of medical teaching.

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**13. Peacework:** [www.peacework.org](http://www.peacework.org)

Peacework provides international volunteer projects for groups such as medical schools, nursing schools, or other medical intervention organizations that correspond to the developmental needs of countries around the world. There are also opportunities for individuals. The length of commitment and worksites vary, and short-term commitments are available.

**14. Mabelle Arole Fellowship:** [www.amsa.org/resource/mabelle.cfm](http://www.amsa.org/resource/mabelle.cfm)

Are you currently a pre-health student?

Are you willing to defer your entry into medical school by one year in order to participate in an amazing international fellowship in rural India?

Are you interested in international health?

Do you want to learn about community-based health programming in a developing country?

The Mabeelle Arole Fellow will live and work in Jamkhed, India for one year. The fellow will live and work on the CRHP compound, which includes the hospital, administration offices, training institute, and staff housing. The fellow will be paid a stipend of \$8000 which covers housing, living expenses, and travel, including airfare to and from India. The year will begin with a 2-month course on community-based primary health care after which the fellow will work in the hospital (in-patient and out-patient and in the field) and work on a project, depending on current CRHP activities and needs and your interest.

**15. The Timmy Foundation:** [www.timmyfoundation.org](http://www.timmyfoundation.org)

This is a non-profit organization serving children worldwide by providing healthcare, medical supplies, and equipment to areas in need. The organization puts on several mission trips which are typically one week in length and are paid for by the volunteers themselves. Trip expenses (typically around \$1,200 per person, everything included) are kept to a minimum by living in community with the people we serve. While most of our trips are centered on primary healthcare outreach, some trips include public health education, dental, construction, medical equipment maintenance, and child development projects.

**16. Teaching and Projects Abroad:** <http://www.teaching-abroad.co.uk/>

This organization has volunteer opportunities in a variety of different fields including medicine, journalism, animal care, tsunami recovery and more. The medical program is open to pre-med and medical students. Placements are available to students in all range of their education whether that's only having taken basic biology to physiology. Each placement will be tailored to the volunteer's level of relevant experience and interests, and to a preferred size and type of hospital clinic. For pre-med students they will be involved in the day to day running of hospitals and clinics, observing or directly assisting doctors and nurses. There are ten different countries to choose from with prices that generally range from \$2,695-3,495 (not including air fare), depending on the country and length of program.

**17. Summer Medical and Dental Education Program:** <http://www.smdep.org/>

SMDEP is a free (full tuition, housing, and meals) six-week summer medical and dental school preparatory program that offers eligible students intensive and personalized medical and dental school preparation. This program is open to first and second year students with an overall GPA of 3.0. This program includes basic science (organic chemistry, biology etc.) and elective (writing and oral presentations) courses as well as limited clinical exposure and clinical seminars. Program sites include Yale University, UCLA, Columbia, Duke and more. The application deadline has been extended to April 1, 2006.

**18. Child Family Health International:** [www.cfhi.org](http://www.cfhi.org)

Child Family Health International was founded in 1992 by Evaleen Jones, a graduate of Stanford Medical School, determined to promote world health. This is achieved through three different ways, by community initiatives (healthcare for underserved communities), medical supply recovery (collection and distribution of countries there are 13 different program sites, each with a different focus. Students can choose from Reproductive Health in Ecuador to Tropical Health in Mexico or Pediatric Health in Bolivia. The programs are typically 4 weeks in length but can be extended up to 8 weeks with a base fare of about \$1900.

**19. VSN:** <http://vsnnepal.org>

The VSN Volunteer Program aims to help children, youth, and women in various underdeveloped communities concentrating on raising awareness of social, educational, basic health and sanitation, and conservation issues. VSN Nepal aims to mobilize volunteers with health backgrounds in rural places where people do not have access to any health institute. The length of the program is completely up to the volunteer (from 1 week to 5 months) with minimal program fees from \$200-900 (not including air fare).

VSN Nepal categorizes Health Program in three settings:

(1) Work Camp

In this program volunteers will be deployed to work in health camps for a predetermined amount of time: 1 day to 10 days. Volunteers will work with their Nepali counterparts, who assist both Nepali and foreign volunteers. Volunteer responsibilities are to distribute medicine and consult with citizens about health care, thereby raising the awareness of health and sanitation throughout the rural communities.

(2) Health Institute

In this program volunteers will be assigned to sub-health posts, hospitals, and other health institutions, either being run by the government or a local community, in both rural and urban settings. Volunteers will work with health assistants, doctors, nurses, or some combination there within. They will work daily, 3 to 5 hours, for 6 days a week.

### (3) Teaching Health and Sanitation

In this program volunteers will mainly be involved in working with the youth clubs, women's groups, and other local organizations, teaching them about proper health and sanitation. In addition, volunteers will provide First-Aid information to the local people in rural villages, thereby providing them with a practical and sustainable life-skill. Similar educational lectures will be given to children, by volunteers, in government schools, lasting from several days to a week in duration. Again, the volunteers' major focus will be to educate and mobilize community groups who can then pass the information onto the community at large. This program is generally for medical students.

### **20. Peace Villages Foundation** <http://www.peacevillages.org/>

The Peace Villages Foundation is a grass-roots volunteer charity based in Santa Elena de Uairen, Venezuela. Volunteer opportunities include community service, educational and recreational activities. This is a very flexible program, with minimal requirements and merely asks for at least a week's time commitment and enthusiasm. The health/medicine program is designed to expose the volunteer to the realities of medicine in developing countries. Volunteers will be involved in the day-to-day running of a hospital, observing or directly assisting doctors and nurses, and can also assist with duties such as bandaging, taking blood pressure. The prices range depending on the type of accommodation (host family, guest house or camping).

### **21. The Cornerstone Foundation** <http://www.peacecorner.org/cornerstone.htm>

Is a grassroots humanitarian service organization based in Belize. Volunteer programs present general areas in which volunteers can choose to do their project in but generally the programs are unstructured, allowing a great deal of freedom to either continue with an existing project or initiate new projects based on the volunteer's interests and goals. Thus experiences will vary greatly from volunteer to volunteer as some will work primarily with Cornerstone-based project while others will work with collaborating organizations in the community. There is a 3 month minimum stay, however there are also 2-week health education programs in which students can choose between 'Natural Healing' and 'AIDS Outreach.'

### **22. The Chiapas Project** <http://www.chiapasproject.org/>

The Chiapas Project is an organization dedicated to providing free medical and dental care to the indigenous Zoque people of the State of Chiapas, Mexico. Non-medical volunteers carry out a variety of important functions. You might spend one day as a dental assistant, the next as a mule carrying a backpack over a mountain path to an outlying village, and the following as a cook. (Note: The cook(s) are held in very high esteem!) Your help will allow the care providers to treat many more patients than they could without your being there. In 2002 the total cost of a week of volunteering was \$1150 (including airfare).

### **23. Bairopite Clinic.** <http://bairopiteclinic.tripod.com/medicalstudents.htm>

Bairo Pite Clinic is a primary healthcare clinic run by Dr Dan Murphy in the Republic of Timor Leste. Dr Murphy works 6 and half days a week, with a teaching round on Sunday mornings. Volunteers have opportunities to work in the following areas obstetric, pediatrics, infectious disease management (eg., malaria, tuberculosis, dengue, typhus), dentistry, minor trauma public health, tropical medicine, torture and trauma rehabilitation and working within a developing medical system. The clinic is a great place to learn about tropical medicine in a developing country. Additionally, the program is relatively inexpensive, aside from the flight cost it's only \$75 per week.

**24. Volunteer for the visayans** <http://www.visayans.org/>

This volunteer program, based in the Philippines, runs throughout the year and can accommodate volunteers from 2 weeks to 6 months. There are a variety of volunteer placement options from teaching English, working with street children to volunteering in community clinics. At the clinics volunteers can shadow and observe the medical practices in the Philippines. Premed students, doctors, nurses, or volunteers with experience working in the health industry, are all needed to assist with the daily activities in the local community health center. Volunteers will assist the doctor and get hands-on practice working and interacting with the patients. In addition, they will learn about the health care conditions here in the Philippines

**25. I-to-I** <http://www.i-to-i.com/>

I-toI offers a wide variety of volunteer experiences throughout the world. There is a great deal of projects to choose from, including a specialized health internship in which the volunteer can work in general medicine, pharmacy, nursing, nutrition, social work and midwifery. Volunteers can choose from general and maternity hospitals, outpatient clinics, physiotherapy or children's cancer foundations and herbal medicine projects. The health internship is offered in Ghana, Ecuador and Honduras, with lengths that range from 4-12 weeks and a price fee of about \$3000 (more if staying additional weeks)

**26. Global Volunteers Network** <http://www.volunteer.org.nz/>

The Global Volunteer Network offers volunteer opportunities in community projects in 19 countries. Volunteers are placed in local community organizations in developing countries throughout the world.

**28. Bridges to Community** [www.bridgestocommunity.org](http://www.bridgestocommunity.org)

The purpose of Bridges to Community, Inc. is in building a better future and a spirit of friendship and solidarity for all communities around the world. This program offers educational, volunteer opportunities primarily in Nicaragua but also to Kenya. A medical trip is typically 8-10 days long but longer trips can be arranged. The trip includes hands-on clinical work, giving primary care to patients in their homes, in clinics and village health posts, side by side with local health workers. Limited financial aid is available.

**29. Amizade <http://amizade.org/>**

This is a very flexible program with short and long term projects in 10 international countries and 3 domestic locations. There are great projects to choose from such as working with aborigines in Australia or in Auschwitz concentration camp in Germany. The health assignments are in Ghana and Tanzania, but is less hands-on experience, instead volunteers work with the administrative aspect of the hospital or on AIDs projects.

**30. International Medical Volunteers Association <http://www.imva.org/>**

This is a very extensive database for medical programs and organizations. It is a continually ongoing and updated website for both people seeking volunteers and people seeking volunteer opportunities in the medical field. However, this database is geared mainly towards medical students and health physicians, people already in the medical field. There are great opportunities for pre-meds, but students must do a great deal of research to find it.

**31. International Healthcare Opportunities Clearinghouse**  
**<http://library.umassmed.edu/ihoc/index.html>**

This is a database compiled by the University of Massachusetts Medical School. It is a comprehensive listing of volunteer and paid positions with more than 100 organizations (some of which have already been listed).

**32. Idealist.org**

This is a great resource for any student, whether you're looking for jobs, internships or volunteer opportunities. This is a database with listings of opportunities available all over the world.

**33. Volunteermatch.org**

Volunteermatch matches up volunteers with opportunities within the desired location (by zipcode) and the field of interest.